



2010 TKFI USA National Championships

MODIFIED WKF RULES

PARTICIPATION REQUIREMENTS

- Open to all athletes who will follow our rules
- No membership of a particular organization required

UNIFORM & SAFETY REQUIREMENTS

- White karate gi required. Sleeves may not be rolled up other than for kobudo events and must be hemmed approximately mid way between the elbow and the wrist. Pant legs must not be cuffed and must be hemmed above the ankle.
- Red, white or blue naugahyde fist guards are okay.
- No particular belt colors required other than while competing. Aka or Ao belts will be available at ring side or athletes may bring their own red and blue belts.
- Approved shin and foot guards are optional for all divisions.
- Mouth/teeth guards are required.
- Groin cups are required for all male athletes participating in kumite events.
- Sports goggles or soft contacts may be used. Regular glasses are prohibited.
- Females shall wear a white sports bra or white t-shirt under their gi top.
- No shirts of any kind for male athletes.
- Females and Youths may wear approved chest protectors.
- Absolutely no jewelry of any kind.
- Nails trimmed short.
- Face shields mandatory for all youths 18 & under.
- Face shield optional for the adults other than the 19 – 34 adult Advanced and Super Advanced divisions where head gear will not be allowed.
- One club patch only sewn on the left chest area of the gi.
- Club/organization jackets okay to wear ring side.

OFFICIALS' ATTIRE

- A single-breasted navy blue blazer bearing two silver buttons.
- A white shirt with short sleeves only.
- An official tie worn without tiepin.
- Plain light-gray trousers without cuffs.
- Un-patterned dark blue or black socks and black slip-on shoes for use on the competition area.
- Female Judges and Referees may wear a hair clip.
- No jewelry to be worn while officiating.
- Whistle with white lanyard.

COACHES ATTIRE

- Any color tracksuit.
- Official credentials and identification – obtained by attending Coaches meeting.

EXPERIENCE LEVELS

Beginners – under 1 year experience

Novice – 1 to under 2 years experience

Intermediate – 2 to under 4 years experience

Advanced – 4 to under 6 years experience

Super Advanced – 6 or more years experience

OPEN KATA

- All beginners must only perform beginners' kata:
 - Kihon kata
 - Pinan/Heian kata
 - Taikyoku
 - Gekisai
 - Fukyu kata
- All other experience levels shall perform a kata from the Shitei or Tokui kata list below.
- All kata division competitors will be charted into two pools.
- For all divisions other than the Advanced or Super Advanced divisions, two competitors will perform their kata at the same time and the winner will be determined by flag judgment. Following a bow to the Judging Panel, both competitors shall enter the match area and space themselves so as to avoid collision or interference in the performance of their kata. After moving to their starting positions and a clear announcement of the name of the kata that is to be performed, both competitors shall begin. On completion of their kata, the competitors shall stand side by side in the match area and await the decision from the Panel. The competitors shall bow to each other, then to the Judging Panel, and then again before leaving the ring.
- For Advanced and Super Advanced divisions, Aka competitor will compete first followed by Ao competitor. Then both competitors will enter the ring for flag judgment.
- Repechage system will be used for all Advanced and Super Advanced divisions.
- Competitors may perform the same kata for each round.

MANDATORY KATA DIVISION

- 2 rounds – all competitors will perform two katas. Officials shall first write their score on the score sheet ranging from 8.0 to 10.0, then raise their score card at the sharp blast of the whistle. Katas will have a technical score and an artistic score. The high and low score from each round shall then be added for the total score. If a tie exists for first, second or third place, a third round shall determine the winner. Any kata not yet performed may be used and the flag judgment system shall be used.
 - ❖ First round from the Shitei list
 - ❖ Second round from the Tokui list

SHITEI KATA LIST

Shito:

1. Bassai Dai
2. Seienchin

Shorin:

1. Jion
2. Kanku Dai

Shotokan:

1. Annanku
2. Passai

Ryueiryu:

1. Heiku
2. Sanseiryu

Goju:

1. Seipei
2. Saifa

Wado:

1. Seishan
2. Chinto

Isshin:

1. Seisan
2. Wansu

TOKUI KATA LIST

SHITO-RYU KATAS

- | | | |
|----------------------|-----------------------|-------------------------|
| 1. Jitte | 21. Seisan | 41. Annanko |
| 2. Jion | 22. Naifanchin Shodan | 42. Papuren |
| 3. Jiin | 23. Naifanchin Nidan | 43. Chatanyara Kushanku |
| 4. Matsukaze | 24. Naifanchin Sandan | 44. Kenshu |
| 5. Wanshu | 25. Aoyagi (Aoyanagi) | 45. Kensho |
| 6. Rohai | 26. Jyuroku | 46. Myojo |
| 7. Bassai Dai | 27. Nipaipo | |
| 8. Bassai Sho | 28. Sanchin | |
| 9. Tomari Bassai | 29. Tensho | |
| 10. Matsumura Bassai | 30. Seipai | |
| 11. Kosokun Dai | 31. Sanseiryu | |
| 12. Kosokun Sho | 32. Saifa | |
| 13. Kosokun Shiho | 33. Shisochin | |
| 14. Chinto | 34. Kururunfa | |
| 15. Chinte | 35. Suparimpei | |
| 16. Seienchin | 36. Hakucho | |
| 17. Sochin | 37. Pachu | |
| 18. Niseishi | 38. Heiku | |
| 19. Gojushiho | 39. Paiku | |
| 20. Unshu | 40. Anan | |

SHOTOKAN KATAS

- | | | |
|-----------------|-------------------|--------------------|
| 1. Bassai-Dai | 8. Hangetsu | 15. Goju Shiho-Dai |
| 2. Bassai-Sho | 9. Jitte | 16. Goju Shiho-Sho |
| 3. Kanku-Dai | 10. Enpi | 17. Chinte |
| 4. Kanku-Sho | 11. Gankaku | 18. Unsu |
| 5. Tekki-Shodan | 12. Jion | 19. Meikyo |
| 6. Tekki-Nidan | 13. Sochin | 20. Wankan |
| 7. Tekki-Sandan | 14. Nijushiho Sho | 21. Jiin |

GOJO-RYU KATAS

- | | |
|---------------|---------------|
| 1. Seisan | 6. Sanseru |
| 2. Seipai | 7. Shisochin |
| 3. Kururunfa | 8. Seiyunchin |
| 4. Suparimpei | 9. Saifa |
| 5. Tensho | 10. Sanchin |

WADO-RYU KATAS

1. Kushanku
2. Naihanchi
3. Seishan
4. Chinto
5. Passai
6. Niseishi
7. Rohai
8. Wanshu
9. Jion
10. Jitte

RYUEIRYU KATAS

1. Pachu
2. Niseishi
3. Paiku
4. Anan
5. Kururunfa
6. Paiho
7. Seisan
8. Ohan
9. Seiunchin
10. Sanchin
11. Tencho

ISSHIN-RYU KATAS

1. Seiuchin
2. Chinto
3. Kusanku
4. Sunsu
5. Sanchin
6. Naihanchin

SHORIN-RYU KATAS

1. Rohai
2. Wanshu
3. Gojushiho
4. Chinto
5. Kusanku
6. Naihanchi I
7. Naihanchi II
8. Naihanchi III
9. Wankan (Okan)

TEAM KATA

- Three members per team. May be mixed by gender, age and experience. Teams will compete in divisions based on the oldest and most experienced team member.
- All three members must face in the same direction.
- Flag judgment. After the two teams contesting against each other have performed their kata, they will enter the ring, facing horizontally, for the flag judgment.
- Teams shall be charted.

KOBUDO

- Only approved Okinawan weapons.
- No live blades allowed.
- No rope, chain, etc. on nunchaku, etc.
- No rattan weapons.
- Competitors will be charted as kata division. Aka and Ao will compete separately then brought into the ring for decision.
- Competitors who break or drop their weapon during competition will be disqualified.

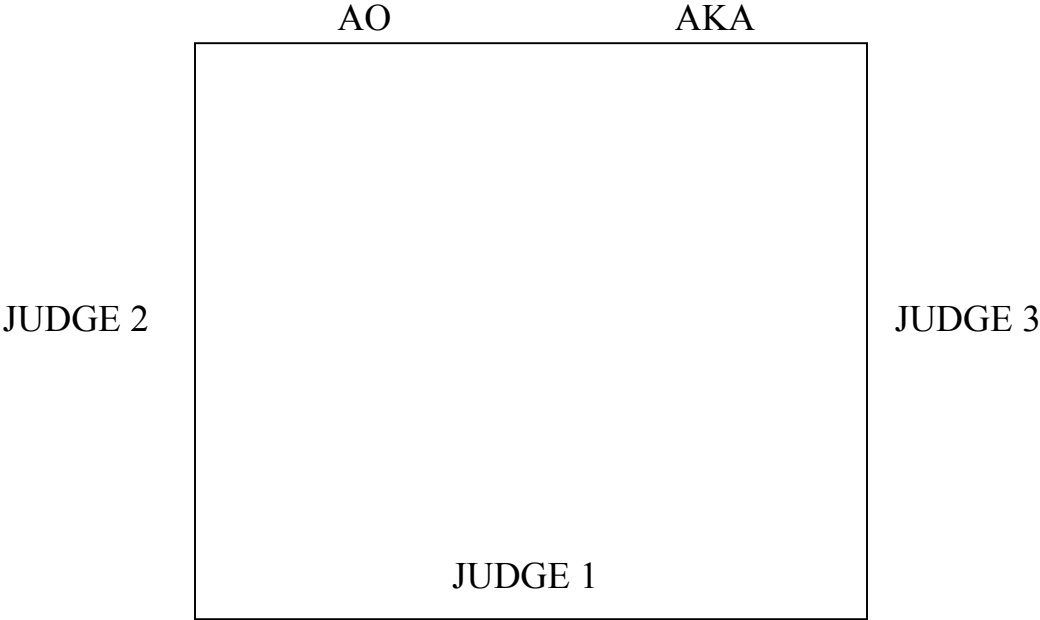
KUMITE

- Point spread:
 - ❖ Junior divisions 10 and under – 4 point spread.
 - ❖ Junior divisions 11 – 18 – 6 point spread.
 - ❖ All adults – 6 point spread.
 - ❖ 19 – 34 male and female Advanced and Super Advanced – 8 point spread.
- Duration of bout:
 - ❖ 2 minute stop time for all youth and adult divisions other than Advanced and Super Advanced kumite divisions.
 - ❖ 3 minute stop time for all male & female 19 – 34 Advanced and Super Advanced divisions.
- Levels of Penalties:
 - ❖ Chukoku – Warning
 - ❖ Keikoku – 1 point to opponent
 - ❖ Hansoku Chui – 2 points to opponent
 - ❖ Hansoku-Foul – Win to opponent
 - ❖ Shikaku – Disqualification
- Penalty categories:
 - ❖ Jogai (exit), any part of body touches outside of ring boundary line
 - ❖ Mubobi (lack of defense)
 - ❖ Contact / Non-contact
- Target areas:
 - Head
 - Face
 - Neck
 - Chest
 - Abdomen
 - Sides
 - Back
- Score with:
 - Thrusts
 - Kicks
 - Strikes
- Techniques must be supported with:
 - Good Form
 - Correct Attitude
 - Correct Distance
 - Proper Timing
 - Vigorous Application
 - Zanshin
- Supporting techniques which are allowed:
 - ❖ Sweeps at the ankle followed by an attempt to score.
 - ❖ Safe throws from the hip or below, followed by an attempt to score.
 - ❖ Competitors will be given 2 seconds in which to attempt a scoring technique after the opponent is swept, thrown, slips or falls.

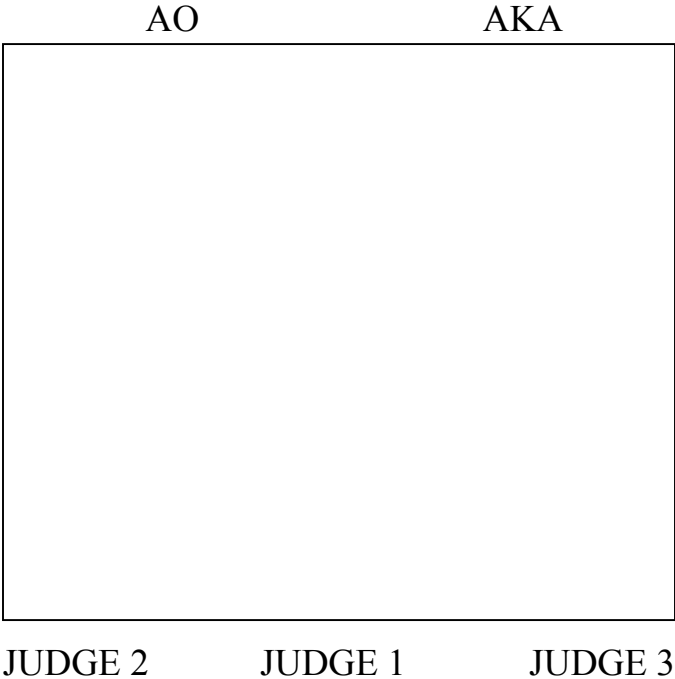
- Points:
 - ❖ Sanbon (3 points) is awarded for:
 - Jodan kicks, jodan being defined as the face, head and neck.
 - Any scoring technique that is delivered on an opponent who has been thrown, has fallen of their own accord, or who is otherwise off their feet.
 - ❖ Nihon (2 points) is awarded for:
 - Chudan kicks, chudan being defined as the abdomen, chest, back and sides.
 - ❖ Ippon (1 point) is awarded for:
 - Any punch (tsuki) or strike (uchi) delivered to any of the seven scoring areas.
- Prohibited behavior:
 - ❖ Techniques that make excessive contact to the scoring targets attacked.
 - ❖ Techniques that make contact with the throat.
 - ❖ Attacks to the arms, legs, joints, groin, or instep.
 - ❖ Attacks to the face with open hand techniques (e.g. teisho or nukite).
 - ❖ Dangerous or forbidden throwing techniques.
 - ❖ Feigning or exaggerating injury.
 - ❖ Repeated exits (jogai) from the competition area.
 - ❖ Self-endangerment by indulging in actions that expose the contestant to injury by the opponent, or failing to take adequate measures for self-protection (mubobi).
 - ❖ Avoiding combat as a means of preventing the opponent from having the opportunity to score.
 - ❖ Clinching, wrestling, pushing, seizing, or standing chest-to-chest without attempting a striking technique.
 - ❖ Techniques that by their nature cannot be controlled for the safety of the opponent, and dangerous or uncontrolled attacks, whether they land or not.
 - ❖ Attacks with the head, knees or elbows.
 - ❖ Talking to or goading the opponent, failing to obey the orders of the Referee, discourteous behavior towards the Refereeing Officials, or other breaches of etiquette.
- Contact:
 - ❖ Light, controlled “skin touch” to the head, face and neck (not to throat) is allowed.
 - ❖ Light to moderate touch is allowed to all the other scoring target areas.
 - ❖ Contact is not a requirement to score.
- Medical Staff’s recommendation:
 - ❖ When medical personnel declare a contestant unfit to continue on in competition, that contestant shall not be permitted to further compete in that event.
- Protest:
 - ❖ Only the registered coach will be permitted to protest and must do so in writing, along with a \$50.00 cash deposit. Judgment calls by the officials may not be protested. Administrative errors during a match may simply be resolved by the coach raising their credentials to the referee. The deposit will be refunded if the protest is deemed valid by the Referee Committee.

TOURNAMENT DIRECTOR SHALL HAVE THE RIGHT TO COMBINE DIVISIONS BASED ON NUMBER OF PARTICIPANTS IN EACH DIVISION. Every effort will be made to divide and/or sub-divide divisions based on age, experience levels and gender.

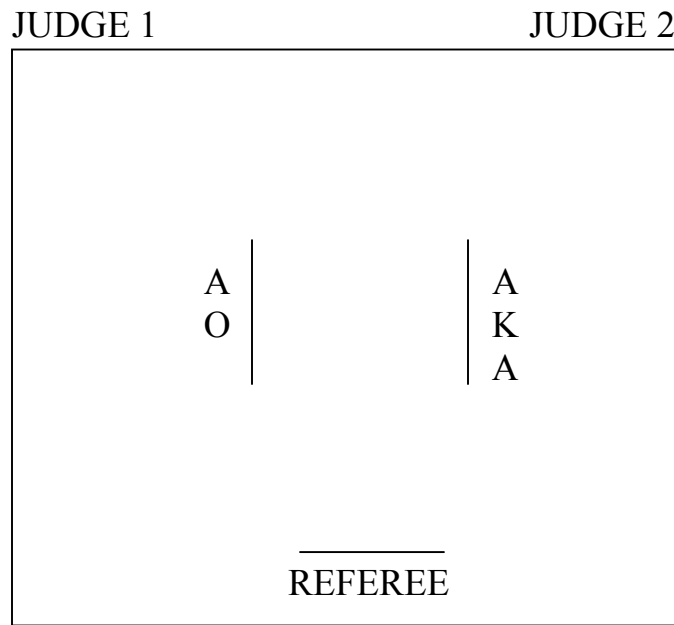
KATA/KOBUDO COMPETITION LAYOUT 1



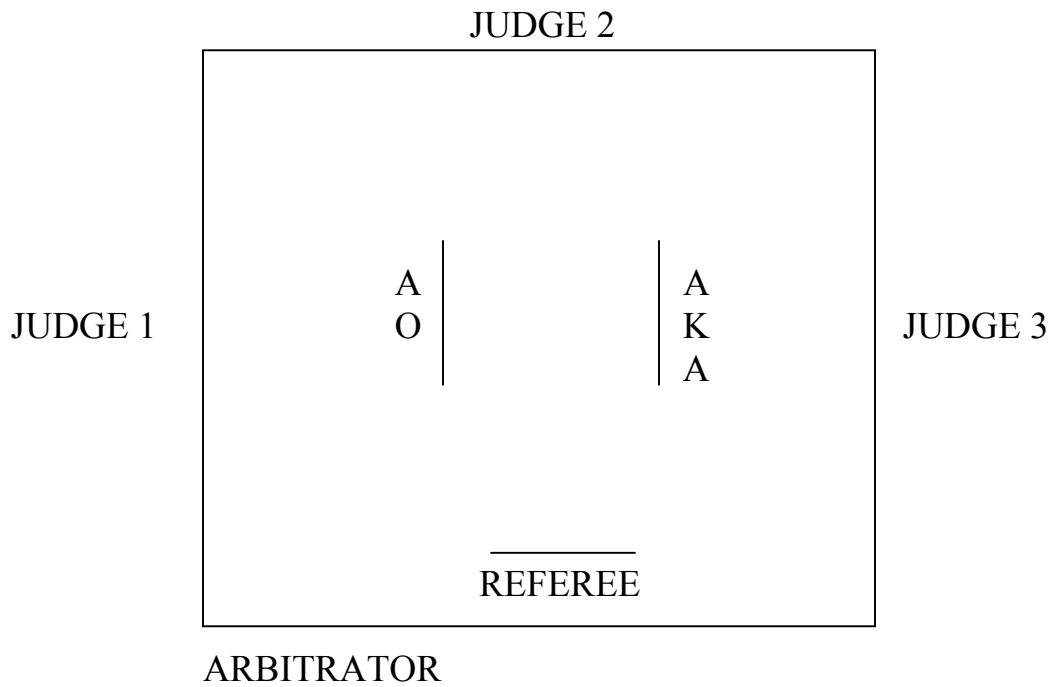
KATA/KOBUDO COMPETITION LAYOUT 2



KUMITE COMPETITION LAYOUT 1



KUMITE COMPETITION LAYOUT 2



AWARDS

- Custom-made medals for 1st, 2nd & 3rd place winners.
- Outstanding Athlete trophies to the top male and female athletes based on points received. Gold = 4 points, Silver = 3 points, Bronze = 2 points. If there is a tie, the oldest competitor shall receive the award.

LUNCH

- There will be no official lunch break. The hotel will have food available for purchase.
- All officials and staff are asked to get a FREE meal ticket from the Tournament Director for drinks and snacks from the hotel.

LODGING

- Special rates have been arranged at the Trumbull Marriott, 180 Hawley Lane, Trumbull, CT, 06611, (203) 378 – 1400. When making reservations, please let them know that you are participating in the karate championship.

COMPETITOR CREDENTIALS PICKUP

- Friday, August 6, 2010 from 4 to 8 p.m. at the hotel. Specific location to be determined.

OFFICIALS/COACHES MEETING – Friday, August 6, 2010 6 p.m.

- Trumbull Marriott, specific location to be determined.
- Conducted by Danilo Torri Shihan and Tony Mendonca Shihan.
- No charge for officials.
- \$15.00 for all coaches for proper credentials. Must attend in order to be admitted on the competition floor.

SPECTATORS

- Tickets at the door – Adults \$7.00/day, 18 & younger \$5.00/day, 5 & under no charge.

TOURNAMENT CELEBRATION PARTY

- Sunday, August 8, 2010 at the home of Danilo Torri Shihan, 8 Anita Avenue, Trumbull, CT
- 6 p.m. or as soon as the competition ends, whichever comes later.
- \$10.00/person, 5 & under no charge.

ALL PERSONS WHO ELECT TO COMPETE IN ANY EVENT AUTHORIZED UNDER THESE RULES AND SANCTIONED BY THE TRADITIONAL KARATE-DO FEDERATION INTERNATIONAL (TKFI) DO SO AT THEIR OWN RISK, RECOGNIZING THAT KARATE COMPETITION NECESSARILY INVOLVES SOME RISK OF SERIOUS, PERMANENT PHYSICAL INJURY OR DEATH. NO LIABILITY FOR ANY LOSS, INJURY OF ANY KIND, OR DEATH, SHALL ATTACH TO THE TKFI OR ANY OF ITS OFFICERS, DIRECTORS, MEMBERS OR EMPLOYEES FOR ANY CAUSE OR REASON ARISING OUT OF, OR SUSTAINED IN, ANY COMPETITION CONDUCTED HEREUNDER, INCLUDING NEGLIGENCE OR GROSS NEGLIGENCE.